



The Chinese University of Hong Kong
Department of Otorhinolaryngology, Head and Neck Surgery &
Institute of Human Communicative Research

Fiberoptic Endoscopic Examination of Swallowing (Basic FEES) Workshop 2015

The use of fiberoptic endoscopy for the assessment of swallowing function was first reported by Langmore et al. (1988). Since then, the American Speech and Hearing Association, Speech Pathology Australia and the Royal College of Speech and Language Therapists (United Kingdom) have incorporated FEES in the scope of speech therapy as published in their joint position paper with their respective ENT bodies. FEES is been actively used in Hong Kong for swallowing assessment. Since 2008, our Department and Institute has regular FEES workshops for speech therapists and doctors in Asia.

The FEES workshops are structured to provide speech therapists and doctors with updates on dysphagia and serve to promote the use of FEES in the assessment of dysphagia, in rehabilitation planning and as a biofeedback tool. Clinical updates of dysphagia management and intervention methods will also be discussed. The workshops will also provide hands-on opportunities to participants which bridge the theory to practice.

Organisers:

Department of Otorhinolaryngology, Head and Neck Surgery, Faculty of Medicine, &
Institute of Human Communicative Research,
The Chinese University of Hong Kong

Target participants:

Speech Therapists, Otorhinolaryngologists and Medical Doctors.

Learning Objectives:

The objectives of the 2-day workshop are to present:

- The anatomy and neurology for swallowing
- An overview of dysphagia
- Swallowing assessment – principles and the diagnostic tools
- Assessment of voice and laryngeal function
- FEES –normal vs abnormal videos
- Diagnostic options for patients – VFSS / FEES
- Tips on endoscopy
- Provide 3-4 hours of supervised hands-on practical passing the endoscope on other participant(s) and / or on dummies



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Proposed Activities:

- Lecture and presentation
- Demonstration of FEES examination on human
- Supervised hands-on practical session on other participant(s) and / or on dummies
- Discussion

Date:

- 14th & 15th December, 2015 (Monday & Tuesday)

Venue:

- Prince of Wales Hospital, Shatin, Hong Kong

Application deadline:

- 31st October, 2015

Remarks:

- *Advanced FEES is planned for 2016. Attendance at the Basic FEES workshop is a prerequisite for the Advanced FEES workshop*



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The Faculty

Invited Faculty

Sin Yong PHUA, Ph.D. is an experienced practising speech therapist with special interest in cognitive communication disorders as well as dysphagia. In 1997, she introduced FEES into the scope of practice for speech therapists in Singapore. Trained by Dr Susan Langmore, Dr Phua has performed over 5000 FEES procedures since her introduction and has trained speech therapists to perform FEES independently.

Dr Phua completed her Ph.D. from the Faculty of Medicine, The University of Sydney, Australia. In her doctoral studies, she used FEES and FEESST to determine the effect of gastro-oesophageal reflux on laryngeal sensitivity. She has published extensively in peer reviewed medical journals.

CUHK Departmental Faculty

Otorhinolaryngologists

Michael TONG (to be confirmed)

Professor and Head of Academic Divisions, Department of Otorhinolaryngology, Head and Neck Surgery Currently a clinical professor and Otorhinolaryngologist specialized in the fields of otology, neurotology and skull base surgery, with vast experience in managing various ENT and dysphagia cases. He is also an active educator in tertiary institutional, public health and international settings.

Dr. Peter KU

Chief, Division of Laryngology

Dr. Ku is a consultant ENT surgeon at the United Christian Hospital in Hong Kong and Clinical Associate Professor (honorary) in Department of Otorhinolaryngology, Head and Neck Surgery in The Chinese University of Hong Kong. He is the Chief of the Division of Laryngology in the Department and is active in research in NPC dysphagia. He is also a member of European Academy of Facial Plastic Surgery and team member of Division of Facial Plastic Surgery in his department. Dr. Ku is also interested in functional and aesthetic seporhinoplasty and other facial plastic surgery.

Dr. Fiona HO

Clinical Assistant Professor (Honorary), Department of Otorhinolaryngology, Head and Neck Surgery

Dr. John LEE

Dr. Zion To

Dr. Duncan Wong

Dr. Nelson Lai

Speech Therapists

Mr. Thomas LAW

Speech Therapist, Department of Otorhinolaryngology, Head and Neck Surgery

Ms. Rita WONG

Speech Therapist, Department of Otorhinolaryngology, Head and Neck Surgery



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Enrollment Scheme

(Remarks: the workshop will be conducted in English only.)

Date	14 th & 15 th December, 2015 (Monday – Tuesday)	
Course Fee	Otorhinolaryngologist & Medical doctor	<p><u>Option 1:</u></p> <ul style="list-style-type: none"> - Attend Basic FEES workshop dated 14th & 15th Dec, 2015 (on or before 31st August, 2015: HK\$6,000; After 31st August, 2015: HK\$7,000) <p><u>Option 2:</u></p> <ul style="list-style-type: none"> - Attend both the Basic FEES workshop & ENT conference, a) Please complete the online registration form at http://goo.gl/Ph8We8 <p><u>AND,</u></p> <ul style="list-style-type: none"> b) We shall pass your contact information to the Secretariat of ENT conference for registration purpose. <p>(Remarks:</p> <ul style="list-style-type: none"> - Lunch and light refreshment will be provided - for the details of the ENT conference, please kindly click on the following link) <p style="text-align: right;">www.ent.cuhk.edu.hk/entconf2015</p>
	Speech Therapist	<p><u>Option 3:</u></p> <ul style="list-style-type: none"> - Attend Basic FEES workshop dated 14th & 15th Dec, 2015 only (on or before 31st August, 2015: HK\$4,500; after 31st August, 2015: HK\$5,500) <p><u>Option 4:</u></p> <ul style="list-style-type: none"> - Attend Basic FEES workshop dated 14th & 15th Dec, 2015 and ENT conference dated 12th & 13 December, 2015 (on or before 31st August, 2015: HK\$5,100; after 31st August, 2015: HK\$6,100) <p>(Remarks:</p> <ul style="list-style-type: none"> - Lunch and light refreshment will be provided - for the details of the ENT conference, please



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		kindly click on the following link) www.ent.cuhk.edu.hk/entconf2015
On-line registration	http://goo.gl/Ph8We8 (please click on this link and register now)	
Payment Policy	<p>Please note that full payment must be received with the completed registration form.</p> <ul style="list-style-type: none"> All cancellation requests must be made in writing to the Secretariat. The following refund policy will be applied: <ol style="list-style-type: none"> Postmarked, faxed or email on or before 30th September 2015: - <i>Refund of registration fee less an administration charge of HK\$450</i> Postmarked, faxed or email after 30 September 2015: - <i>No refund</i> Should the Basic FEES workshop scheduled have to be cancelled due to unforeseeable circumstances, the organiser will try and reschedule the programme whenever possible. There will be no refund if a delegate cannot attend the re-scheduled programme. If, for reasons beyond the control of the Organizing Committee, the Basic FEES workshop is cancelled, registration fees will be refunded after deduction of lecture and workshop expenses already incurred. 	
Continuous Professional Development	The Hong Kong College of Otorhinolaryngologists Hong Kong Academy of Medicine (Physicians) Hong Kong Academy of Medicine (Surgeons) The Hong Kong Association of Speech Therapists Hong Kong Hospital Authority Speech Therapists	(To be announced soon)
Secretariat	Ms. Rina To Phone: (852) 3943 9609 Fax: (852) 3942 0969 Email: speechtherapy@ent.cuhk.edu.hk	