



# THE LIDCOMBE PROGRAM WORKSHOP

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Presented by:

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## Workshop Content

The Lidcombe Program is an evidence based, behavioural treatment for early stuttering, developed by clinicians at the Stuttering Unit, South Western Sydney Local Health District and researchers at the University of Sydney. The treatment is administered by parents under the supervision of a clinician. There are two Stages in the Lidcombe Program. During Stage 1 the child achieves zero or near-zero stuttering, and during Stage 2 the child maintains that gain for a long period. The treatment in the Lidcombe Program is parental verbal contingencies during everyday conversations. Clinical measurement of stuttering is critical in the Lidcombe Program, because it is a focus of all management decisions and the focus of all communication about stuttering between the clinician, parent, and child.

This two-day workshop is designed for speech pathologists who are interested in using the Lidcombe Program. The workshop will include short lectures, small-group and large-group activities, viewing and discussion of clinic visit videos, and case discussions. Each participant will receive a workbook with PowerPoint summaries of all material. Certificates of attendance will be issued at the completion of the workshop.

## Prerequisites for Registering/Assumed knowledge or skill base

Registration is open to all qualified speech pathologists. An interest and preferably some experience treating stuttering in preschool age children are advisable. It will be presumed you are familiar with the Lidcombe Program. Students who are completing the final semester of their professional degree program are welcome to attend.

## Prereading and/or other requirements for registrants

The Lidcombe Program Treatment Guide from the Australian Stuttering Research Centre website at [http://sydney.edu.au/health-sciences/asrc/health\\_professionals/asrc\\_download.shtml](http://sydney.edu.au/health-sciences/asrc/health_professionals/asrc_download.shtml).

## Learning Objectives - Learning outcomes for participants include:

- Understand the rationale and concepts of the Lidcombe Program
- Confidently conduct the components of the Lidcombe Program – training parents, speech measures, therapy, and maintenance